



**Final  
Diagnosis**



**Periodic catatonia**

# What is Periodic Catatonia?

## DSM-5 Criteria: “Unspecified catatonia”

- Catatonia:
  - Immobility
  - Waxy flexibility
  - Mutism
  - Posturing
  - Stereotypy (repetitive action)
  - Echopraxia (imitation of movements)
  - Negativism
  - Limb Rigidity
- Prevalence: 0.01%
- Time course:
  - Rapid-onset
  - Episodes last 4-10 days for weeks or years at a time
- Treatment:
  - Lorazepam-diazepam challenge
    - Ativan 2mg → Ativan 2mg → Valium 10mg
  - 2<sup>nd</sup> gen anti-psychotics
  - Electric convulsive therapy

# References

- Hervey WM, et al. Diagnosis and management of period catatonia. *J Psychiatry Neurosci*. 2013;38(3):E7-E8.
- Chen R and Huang T. Periodic catatonia with long-term treatment: a case report. *BMC Psychiatry*. 2017;17:337.
- Caroff SN, et al. Recurrent idiopathic catatonia: implications beyond the Diagnostic and Statistical Manual of Mental Disorders 5<sup>th</sup> Edition. *Clin Psychopharm Neurosci*. 2015;13(2):218-221.