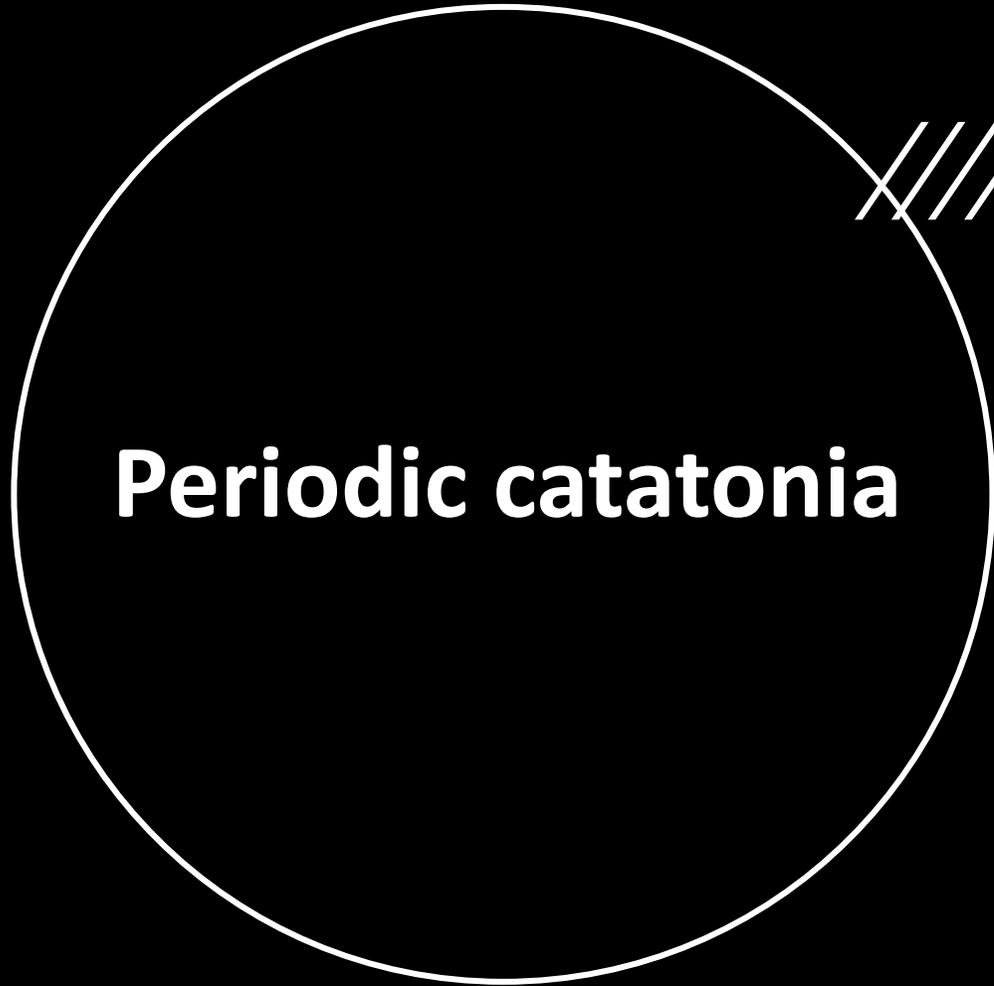


**Final
Diagnosis**



Periodic catatonia

What is Periodic Catatonia?

DSM-5 Criteria: “Unspecified catatonia”

- Catatonia:
 - Immobility
 - Waxy flexibility
 - Mutism
 - Posturing
 - Stereotypy (repetitive action)
 - Echopraxia (imitation of movements)
 - Negativism
 - Limb Rigidity
- Prevalence: 0.01%
- Time course:
 - Rapid-onset
 - Episodes last 4-10 days for weeks or years at a time
- Treatment:
 - Lorazepam-diazepam challenge
 - Ativan 2mg → Ativan 2mg → Valium 10mg
 - 2nd gen anti-psychotics
 - Electric convulsive therapy

References

- Hervey WM, et al. Diagnosis and management of period catatonia. *J Psychiatry Neurosci*. 2013;38(3):E7-E8.
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- Caroff SN, et al. Recurrent idiopathic catatonia: implications beyond the Diagnostic and Statistical Manual of Mental Disorders 5th Edition. *Clin Psychopharm Neurosci*. 2015;13(2):218-221.